

VALLEY STREAM P.A.L – WINTER FALL 2019 **REGISTRATION**

PO/DIRECTOR: Ray Lajara

email: R.lajara@nassaucountypal.org

Online registration available at WWW.VSPAL.NET

MAIL: YOU MAY ALSO REGISTER BY DOWNLOADING APPLICATION AND MAIL TO PO BOX 343 Valley Stream,
N.Y. 11582.

JUDO: FEE: \$100 -begins February 20th

Boys & girls ages 7 years and up.

Classes are: Wednesday & Friday, 6:30-8 pm at Memorial JHS

For additional information please call/text Tommy @ (516)313-0096.

TENNIS: FEE \$120 – begins February 2019

Boys & girls ages 5-11, This is a 8 week session of 1 hour classes on Sundays

Classes held and SIGN UP ONLY AT LYNBROOK SPORTIME

For additional information call 516 887-1330 FOR FURTHER INFORMATION.

BASKETBALL: FEE - \$100

Boys Grades 2-8. Begins February 2019

For additional information email Steve @ vspalbball@gmail.com

SOCCER, FLOOR HOCKEY AND MULTI SPORTS PROGRAMS: FEE \$120

(8) One hour classes starting February 2019 For additional information call 516 887-1330

SIGN UP ONLY AT LYNBROOK SPORTIME

GYMNASTICS: FEE - \$140

Boys & girls grades 1-6. Limited space 1st come 1st serve basis

Beginning of February SESSION A: Wed. 6:30-7:30 PM - SESSION B: Wed. 7:40- 8:40 PM

For additional information call (516) 746-1100

ONLINE REGISTRATION ONLY!!!

ICE SKATING: FEE -\$140

5 sessions beginning March 2nd - March 30th Saturdays 1050am-1150am

Location ICELAND 3345 Hillside Ave, New HydePark, NY 11040

For additional information call (516) 746-1100

ONLINE REGISTRATION ONLY !!!

IT IS BETTER TO BUILD YOUTH THAN MEND ADULTS

Contributions to Nassau County Police Activity League, Inc. are tax-deductible

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