

5th Annual  
**QUINN 5K**  
& Fun Run

Not a Lynbrook Schools Event  
**Sunday, May 19th**  
**Greis Park, Lynbrook**

Join us for the **fifth annual Quinn 5k & Fun Run\*** to benefit The Quinn Madeleine Foundation on Sunday, May 19th!

Register at **Quinn5K.org**  
or use the form below

Schedule	Time	Event
	8:30am	Kids Fun Run
	9:00am	5K

5K  
\$30 (\$25 before 4/27)  
**Fun Run, with shirt: \$20**  Fun Run: \$10

**5K Run** - USATF Certified Course, flat and fast! Medals will be awarded to the overall top finishers in each gender, and to the top three female and male finishers in each age bracket. *9:00am*  
*Age Groups:*  
Under 12, 13-17, 18-29, 30-39 40-49, 50-59, 60-69, 70+

**Kids Fun Run** - Children under 12 - and their parents - can get in on the action too! Registration available with and without a race shirt. *8:30am*

**Top Fundraiser Recognition**  
Special recognition for the top fundraising individual and the top fundraising team. Start at <https://commitchange.com/ny/lynbrook/qmf>

I know that running or walking in a road race is a potentially dangerous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to sagely complete the run. I assume all risks associated with running or walking in this event including, but not limited to, contact with other participants, the effects of the weather (including high heat and/or humidity), traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I form myself and anyone on my behalf: waive and release The Quinn Madeleine Foundation, the 5K walk and run committee, the Incorporated Village of Lynbrook, and all race sponsors, supporters and officials, their representatives and successors from all claims of liabilities of any kind arising out of this event for legitimate purpose.

Learn more about The Quinn Madeleine Foundation at [www.quinnmadeleine.org](http://www.quinnmadeleine.org)

Name (First, Last)

Email

Street Address

City, State, Zip

Mobile #

Age on Race Day       Gender

Team Name (*if applicable*)

Shirt Size (YS-Adult XXL)

Signature (*parent/guardian for minors*)

**Mail form and payment to:**  
The Quinn Madeleine Foundation  
PO Box 721  
Lynbrook NY 11563



Questions? Contact us at 516.206.2155 or [info@quinnmadeleine.org](mailto:info@quinnmadeleine.org)