

Strategies to Improve Skill Development, Increase Confidence and Reduce Stress

Effective Strategies for School and Home Use



*Lynbrook SEPTA welcomes Kerrie Hall and Julia Garvey, Founders of Inclusive & Educational Video Program: **Minute Masters***

Tuesday, November 30 at 8:00 PM

Join **Julia Garvey**, MS Special Education, BS Early Childhood/ Childhood Education and **Kerrie Hall**, MS Occupational Therapy, Pediatric Certificate, BS Health Science & Psychology as they share effective strategies for school *and* home use, to improve skill development, increase confidence and reduce stress. See how Julia and Kerrie have combined their areas of expertise to provide research-based resources to help improve the lives of many. Contact: info@minutemasters.org, visit: www.minutemasters.org

- Social Stories
- Learning Targets
- Sensory Strategies
- Social-Emotional Learning

- Yoga
- Home Application
- De-Escalation
Techniques

Approved for distribution & Posting
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