

## NASSAU COUNTY POLICE ATHLETIC LEAGUE (PAL)

### **Mondays**

#### **Super Sports @ William Buck**

75 Horton Ave, Valley Stream

60 Minutes of fun activities. Programs structured for all skill levels. The program is designed to promote having fun, teamwork, playing safe, & getting active in a healthy & safe environment Dodgeball Kickball Wiffle Ball Capture the Flag

Gagaball Basketball Soccer Many More EXCITING GAMES

4:00pm – 5:00pm

Grades K- 5th

Mar 14th Mar 21st Mar 28th Apr 4th Apr 11th

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/multi-sport/2845515-2022-spring-valley-stream-supersports>

### **Thursdays**

#### **Basketball @ William Buck**

75 Horton Ave, Valley Stream

k-2<sup>nd</sup> 4:00 – 5:00pm

3<sup>rd</sup> – 5<sup>th</sup> 5:15 – 6:15pm

Mar 17<sup>th</sup> Mar 24<sup>th</sup> Mar 31<sup>st</sup> Apr 7<sup>th</sup> Apr 14<sup>th</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/basketball/2845569-2022-spring-valley-stream-basketball-k-5-coed>

### **Saturdays**

#### **Lacrosse @ Valley Stream Central High School**

135 Fletcher Ave, Valley Stream

9-10 AM

Mar 5<sup>th</sup> Mar 12<sup>th</sup> Mar 19<sup>th</sup> Mar 26<sup>th</sup> Apr 2<sup>nd</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/lacrosse/2845554-2022-spring-valley-stream-lacrosse-clinics-k-5>

### **Saturdays**

#### **Tennis @ Valley Stream Central HS**

135 Fletcher Ave, Valley Stream

11-12 PM

Mar 5<sup>th</sup> Mar 12<sup>th</sup> Mar 19<sup>th</sup> Mar 26<sup>th</sup> Apr 2<sup>nd</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/tennis/2845590-2022-spring-valley-stream-tennis-k-5-co-ed>

### **Saturdays**

#### **Golf @ Valley Stream Central HS**

135 Fletcher Ave, Valley Stream

11-12 PM

Mar 5<sup>th</sup> Mar 12<sup>th</sup> Mar 19<sup>th</sup> Mar 26<sup>th</sup> Apr 2<sup>nd</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/golf/2845521-2022-spring-valley-stream-golf>

**Saturdays**

**Dance @ William Buck**

75 Horton Ave, Valley Stream

12-1 PM

Mar 5<sup>th</sup> Mar 12<sup>th</sup> Mar 19<sup>th</sup> Mar 26<sup>th</sup> Apr 2<sup>nd</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/dance/2845539-2022-spring-valley-stream-dance>

**Sundays**

**Soccer @ Valley Stream North HS**

750 Herman Ave, Valley Stream

9-10 AM

Mar 6<sup>th</sup> Mar 13<sup>th</sup> Mar 20<sup>th</sup> Mar 27<sup>th</sup> Apr 3<sup>rd</sup>

Registration: [https://ncpalvalleystreamunit.leagueapps.com/leagues/soccer-\(outdoor\)/2845503-2022-spring-valley-stream-soccer-outdoor-k-5](https://ncpalvalleystreamunit.leagueapps.com/leagues/soccer-(outdoor)/2845503-2022-spring-valley-stream-soccer-outdoor-k-5)

**Sundays**

**Track @ Valley Stream North HS**

750 Herman Ave, Valley Stream

10:15-11:15 AM

Mar 6<sup>th</sup> Mar 13<sup>th</sup> Mar 20<sup>th</sup> Mar 27<sup>th</sup> Apr 3<sup>rd</sup>

Grades K- 5<sup>th</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/basketball/2846355-2022-spring-track-co-ed-grades-k-5>

**HEWLETT**

**Mondays**

**Hewlett Basketball @ William Buck**

75 Horton Ave, Valley Stream

Mar 14<sup>th</sup> Mar 21<sup>st</sup> Mar 28<sup>th</sup> Apr 4<sup>th</sup> Apr 11<sup>th</sup>

5:15 – 6:15pm

Grades K- 5<sup>th</sup>

Registration: <https://ncpalvalleystreamunit.leagueapps.com/leagues/basketball/2818614-2022-spring-hewlett-basketball-co-ed-grades-k-5>

Approved for distribution & Posting 1/26/22          tkm          Supt. Office
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