

Dear Marion Street Families

On **Friday February 9th**, we ask that all students wear Purple as we celebrate *P.S. I Love You Day* and engage in thoughtful activities throughout the day. Every student will receive a *P.S. I Love You* bracelet courtesy of Marion Street PTA.



P.S. I Love You mission is to bring awareness to the importance of mental health and decrease bullying. We strongly believe that by educating students earlier about mental health, the conversation will be easier to discuss, and students will be able to recognize when they or others around them need help. We would like to encourage our community to foster kindness and a welcoming environment; and educate others that mental health is just as important as physical health.

This year's theme is **Love is Meant to be Given**. We encourage all to spread love to the world, others and most importantly, yourself. Always remember you are the gatekeeper of something so much bigger. When you treat yourself with care and love, you will see and feel the world around you change.



Spread Love and Kindness with Villa Maria Restaurant and Pizzeria (81 Main St, East Rockaway, NY 11518) on Wednesday, February 7th by ordering a *P.S. I Love You Day* heart-shaped pizza pie. Don't forget to tell them you are a Marion Street Family and 15% of event sales will be donated to the *P.S. I Love You Day Foundation*.

