

# Lynbrook Varsity Football PRESENTS...



## LYNBROOK HS VARSITY FOOTBALL CLINIC

*Train with the Lynbrook High School Football Players and Coaching Staff, work on skills, and have some fun!!*

**WHO:** Ages 5-12

**DATE:** Saturday June 1, 2024

**LOCATION:** Marion Street School

**TIME:** 9 am – 12 pm

**COST:** \$35 for all enrolled Lynbrook Titans Players, \$40 for all other entrants (*T-shirt included if pre-registered*)

**HOW TO REGISTER:** Online at

<https://forms.gle/NmMwe5sA81uzSk6MA>

**PAYMENT:** via Venmo: @LBKgridiron

### **Schedule of Events**

9:00 – 9:30 am – Registration

9:30 – 9:50 am – Full Group Stretch

9:50 – 10:10 am – Agility Stations

10:10 – 10:15 am – Water Break

10:15 – 10:35 am – Offensive Position Drills

10:35 – 10:40 am – Water

10:40 – 11:00 am – Defensive Position Drills

11:00 – 11:30 am – Skills Competition

11:30 – 11:35 am – Water

11:35 – 12:00 pm – Closing Remarks, Raffles, Awards

Approved for posting  
5/15/24 Supt. Office

Not a school Sponsored event